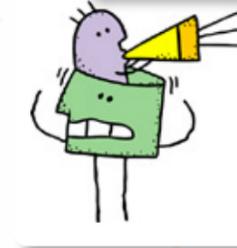
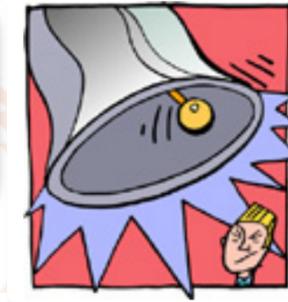


Tinnitus is a descriptive diagnosis for ringing and/or other noises perceived in the ear. The symptoms range from mild background sounds to distressing, distracting screeching, crackling or other noises. Therapeutic success depends on which factors involved. Consult your healthcare practitioner before embarking on a new therapeutic program.



FAMOUS PEOPLE WHO HAVE OR HAVE HAD TINNITUS

- William Shatner
- Leonard Nimoy
- David Letterman
- Garrison Keillor
- Barbra Streisand
- Steve Martin
- Bob Dylan
- Burt Reynolds
- Sting
- Eric Clapton
- Thomas Edison
- Oscar Wilde
- Cher
- ...and many more...



Factors

- [Smoking](#)
- [Hearing loss](#)
- [TMJ disorder](#)
- [Nerve damage](#)
- [Acoustic neuroma](#)
- [Meniere's Disease](#)
- [Nutrient deficiencies](#)
- [K+ channels, neurons](#)
- ★ [Yin/yang imbalance](#)
- [Circulatory compromise](#)
- [Sinus problem, allergies](#)
- [Electromagnetic exposure](#)
- [Dental infections, materials](#)
- ★ [Drugs that cause tinnitus](#)
- [Weather, esp. falling barometer](#)

Turn off your cell phone.
Opt out of/don't select wireless devices.
Use a corded Internet connection.
Use a corded home telephone.

There is a consistent link between tinnitus and non-ionizing electromagnetic fields. Many people have improved their symptoms by reducing their EMF exposures.



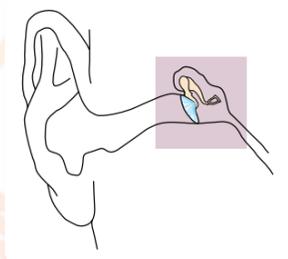
Tinnitus

Treatments

- [TinnaRex](#)
- [Wobenzyme](#)
- [Horseradish?](#)
- [SinusWars 16](#)
- [Acupuncture, relief](#)
- ["Top 10 Remedies"](#)
- [Earth Clinic remedies](#)
- [Dr. Weil: Gingko, more](#)
- [Targeted head massage](#)
- [Common sense remedies](#)
- [Ayurvedic Home Remedies](#)
- [List of causes and remedies](#)
- ★ [Windowed sound therapy](#)
- [Shen-nong, massage ear points](#)

Links

- ★ [Holistic online: Tinnitus](#)
- [Dr. Sol Marghzar: treatment](#)
- [Yanick book: Natural Relief](#)
- [American Tinnitus Association](#)
- [Tinnitus Retraining Therapy](#)
- [Tinnitus Retraining Therapy Video](#)



SOME HOME REMEDIES

- Horseradish
- Alpha lipoic acid
- Gingko biloba
- Apple cider vinegar
- Holy basil
- Onions, garlic
- Ginger
- Mustard
- Bromelain
- CoQ10
- Massage
- Nasal saline/glycerin spray

NOTE -There is anecdotal evidence for the disappearance of tinnitus following chiropractic and craniosacral manipulative therapy.

**Home: [Oscillatorium.com](#)
Newest version [this map](#)
Date of this update: 11-28-16**

Garrison Keillor - Chicago Tribune on June 20, 2007: "Some people consider cicadas pests but I found them comforting. I suffer from tinnitus, the ringing in the ears, and the cicadas chitter in the same frequency range as my inner ear and mask the ringing very nicely. I stood in the park where they were whirring around and I felt relief. Medicine has no remedy for tinnitus. I've tried acupuncture and that doesn't work either. My only alternative, I guess, is to wander the planet in search of cicadas. Tinnitus can drive you nuts, especially if you spend a lot of time in quiet rooms, but luckily I am able to ignore it, thanks to my innate talent for obliviousness."